



# KID'S STANDARD MATTRESS

## Stage 1 Care Instructions

Spot clean only using natural detergents. Do not wash or dry clean cover. Cover may be removed to spot clean or steam clean. Replacement covers available for purchase if needed. Remove and hang cover in the sun to refresh it. This is a no-flip mattress, rotate every 30-60 days.



6 inch Latex Mattress

 twin  
 full

### Description

The **Little Lamb 6 inch mattress** is the first step in a 3 stage sleep system for kids. Each layer is added as the child grows and can be purchased separately as needed. The 6 inch mattress is the base layer and gives medium-firm support for young child ready for his/her first "big kid" bed. The cute sheep motif is carried through out the product line designed just for kids. Available in twin and full size only.

### Cover

This mattress is covered in organic cotton knit using **100% certified organic cotton** with our Little Lamb motif. This premium organic cotton fabric is a double knit made with natural, unbleached, undyed organic cotton. Our 100% Oregon Tilth certified organic wool batting is quilted behind the cotton.

Made in the USA using GOTS Certified organic cotton.

### Fill

The **Little Lamb 6" mattress** is made with all natural medium-firm dunlop latex covered in 100% certified organic cotton double knit ticking. Latex is incredibly resilient and naturally resistant to dust mites, mold, and mildew. The latex is laminated with natural liquid latex as the adhesive.

Made in the USA using imported latex.



### Sleep Tip

Children aged five to 12 need 10-11 hours of sleep. At the same time, there is an increasing demand on their time from school (e.g., homework), sports and other extracurricular and social activities. In addition, school-aged children become more interested in TV, computers, the media and Internet as well as caffeine products – all of which can lead to difficulty falling asleep, nightmares and disruptions to their sleep. In particular, watching TV close to bedtime has been associated with bedtime resistance, difficulty falling asleep, anxiety around sleep and sleeping fewer hours.

-National Sleep Foundation